INDEPENDENTCATERING | EDUCATERLIMITED

WEEK 7

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 14 DECEMBER	TUESDAY 15 DECEMBER	WEDNESDAY 16 DECEMBER	THURSDAY 17 DECEMBER	FRIDAY 18 DECEMBER
V VEGETARIAN VEGAN	Shepherdess Pie (8) VEGAN	Vegetable and Quorn Mince Spring Roll (1, 8, 12) VEGAN	**CHRISTMAS LUNCH**	Sweet Potato and Chickpea Curry (May Contain 1, 11) VEGAN	Vegetable Sausage (1) VEGAN
M MAIN MEAL	Macaroni Cheese (1, 9, 11) (May Contain 8)	Chinese Style Chicken (1, 8) with Prawn Crackers (2)		Mild Chicken Curry (May Contain 1, 11)	Fish Fingers (1, 4)
P PASTA DISH	Pasta Arrabbiata (1)	Tomato and Pepper Pasta (1)		Macaroni Cheese (1, 9, 11) (May Contain 8)	Chunky Tomato Pasta (1)
J JACKET POTATO	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)		Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)
S SIDE DISHES	Garlic Bread (1) (May Contain 8) Garden Peas, Salad Bar	Stir Fry Vegetables and Noodles (1, 7) Salad Bar		Rice, Naan Bread and Green Beans (1) Salad Bar	Chips, Garden Peas, Baked Beans, Salad Bar
D DESSERT DISHES	Pear Sponge and Custard (1, 7, 9) (May Contain 8)	Mandarin Orange Jelly		Fruit Smoothie Day	Rice Krispie Cake (1, 9)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN	3 MOLLUSCS	5 PEANUTS	7 EGGS	9 MILK	11 MUSTARD	13 SESAME
2 CRUSTACEANS	4 FISH	6 NUTS	8 SOYBEANS	10 CELERY	12 LUPIN	14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE

Roseacre

INDEPENDENTCATERING.CO.UK
EDUCATERLIMITED.COM