INDEPENDENTCATERING | EDUCATERLIMITED

WEEK 5

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 30 NOVEMBER	TUESDAY 1 DECEMBER	WEDNESDAY 2 DECEMBER	THURSDAY 3 DECEMBER	FRIDAY 4 DECEMBER
V VEGETARIAN VEGAN	Vegetarian Chilli with Nachos (May Contain 1) **VEGAN**	Homemade Vegetable Pie **(1)** (May Contain 8) **VEGAN**	Cauliflower and Broccoli Stuffed Yorkshire Pudding **(1, 7, 9, 11)** (May contain 8)	Vegetable and Lentil Casserole **VEGAN**	Quorn Dippers **(1)** **VEGAN**
M MAIN MEAL	Mild Chilli Con Carne with Nachos (May Contain 1)	Homemade Chicken Pie **(1, 9)** (May Contain 8, 10)	Roast Beef with a Yorkshire Pudding and Gravy **(1, 7, 9)**	Beef and Pork Sausages with Gravy **(1, 14)** (May Contain 8)	Fish Fingers **(1, 4)**
P PASTA DISH	Mac n' Cheese **(1, 9, 11)** (May Contain)	Homemade Pesto Pasta **(1)**	Chunky Tomato Pasta **(1)**	Butternut Squash, Spinach and Feta Tagliatelle **(1, 9)**	Vegetable Ragu Twirls **(1)**
J JACKET POTATO	Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)**	Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)**	Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)**	Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)**	Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)**
S SIDE DISHES	Rice and Sweetcorn, Salad Bar	New Potatoes and Fresh Broccoli, Salad Bar	Roast Potatoes, Fresh Carrots and Cabbage, Salad Bar	Mashed Potatoes and Green Beans, Salad Bar	Chips, Peas, Baked Beans, Salad Bar
D DESSERT DISHES	Fruit Smoothie Day	Mandarin Orange Jelly	Orange and Chocolate Brownie **(1, 7)** (May Contain 8)	Tutti Frutti Thursday Winter Berry Mousse **(9)**	Cherry Oaty Cookie **(1, 14)** (May Contain 8)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN	3 MOLLUSCS	5 PEANUTS	7 EGGS	9 MILK	11 MUSTARD	13 SESAME
2 CRUSTACEANS	4 FISH	6 NUTS	8 SOYBEANS	10 CELERY	12 LUPIN	14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE

FRESH UK BEEF · FRESH UK PORK · FREE RANGE EGGS · LOCAL FRUIT & VEG · WHOLEMEAL PASTA

Roseacre

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