INDEPENDENTCATERING | EDUCATERLIMITED

WEEK 4

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 23 NOVEMBER	TUESDAY 24 NOVEMBER	WEDNESDAY 25 NOVEMBER	THURSDAY 26 NOVEMBER	FRIDAY 27 NOVEMBER
V VEGETARIAN VEGAN	Mixed Vegetable Shepherdess Pie VEGAN	Cheese and Tomato Pinwheel (1, 9)	Leek and Mixed Bean Parcel (1) VEGAN	Sweet Potato and Chickpea Curry (May Contain 1, 11) VEGAN	Cheese and Bean Quesadilla (1, 9) VEGAN
M MAIN MEAL	Chinese Style Chicken and Prawn Crackers (2, 8)	Homemade Sausage Rolls (1, 14)	Roast Gammon and Pineapple with Gravy	Mild Chicken Curry (May Contain 1, 11)	Breaded Fish or Salmon Fish Cake (1, 4)
P PASTA DISH	Tomato and Pepper Pasta (1)	Arrabbiata Pasta (1)	Roasted Vegetable and Herb Pasta (1)	Macaroni Cheese (1, 9, 11) (May Contain 8)	Tomato and Basil Pasta (1)
J JACKET POTATO	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)	Jacket Potato with a Choice of Baked Beans, Cheese (9) or Tuna Mayonnaise (4)
S SIDE DISHES	Stir Fry Vegetables and Noodles (1, 7, 8) Salad Bar	Jacket Wedges, Baked Beans, Salad Bar	Roast Potatoes, Fresh Carrots and Cabbage, Salad Bar	Rice, Naan Bread (1) Green Beans, Salad Bar	Chips, Garden Peas and Baked Beans, Salad Bar
D DESSERT DISHES	Iced Vanilla Sponge (1, 7) (May Contain 8)	Fruit Smoothie Day	Lemon Drizzle Cake (1, 7) (May Contain 8)	Tutti Frutti Thursday Fruit Jelly	Rice Krispie Cake (1, 9)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN	3 MOLLUSCS	5 PEANUTS	7 EGGS	9 MILK	11 MUSTARD	13 SESAME
2 CRUSTACEANS	4 FISH	6 NUTS	8 SOYBEANS	10 CELERY	12 LUPIN	14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE

Roseacre

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