INDEPENDENTCATERING | EDUCATERLIMITED

WEEK 2

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask
All our meals are made daily from fresh locally sourced and seasonal produce from Kent

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

	MONDAY 9 NOVEMBER	TUESDAY 10 NOVEMBER	WEDNESDAY 11 NOVEMBER	THURSDAY 12 NOVEMBER	FRIDAY 13 NOVEMBER
V VEGETARIAN VEGAN	Vegetarian Chilli with Nachos (May Contain 1) **VEGAN**	 **Diwali Day** Sweet Potato, Butternut Squash Curry and Chickpea Curry with Rice and Naan Bread **(1)** (May Contain 11) **VEGAN** Butter Chicken with Rice and Naan Bread **(1)** served with Cauliflower and Aloo Potatoes (May contain 1, 11) Sweet Pepper Pasta **(1)** Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)** Peach Mousse with Shortbread **(1, 9)** (May contain 8)	Cauliflower and Broccoli Stuffed Yorkshire Pudding **(1, 7, 9, 11)** (May contain 8)	Vegetable and Lentil Casserole with New Potatoes **VEGAN**	 **Children In Need Day** Pork and Beef Sausage, Chips and Beans or Peas **(1,14)** Vegetable Sausage, Chips and Beans or Peas **(1)** **VEGAN** Leek and Tomato Pasta Bake **(1, 9)** Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)** Melting Moment Cookie **(1, 7)** (May Contain 8)
M MAIN MEAL	Mild Chilli Con Carne with Nachos (May Contain 1)		Roast Beef with a Yorkshire Pudding and Gravy **(1, 7, 9)**	Chicken Meatballs in Homemade Tomato Sauce with Spaghetti **(1)**	
P PASTA DISH	Cheesy Pasta Bows **(1, 9, 11)**		Chunky Tomato Pasta **(1)**	Homemade Pesto Pasta **(1)**	
J JACKET POTATO	Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)**		Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)**	Jacket Potato with a Choice of Baked Beans, Cheese **(9)** or Tuna Mayonnaise **(4)**	
S SIDE DISHES	Wholemeal Rice and Sweetcorn, Salad Bar		Roast Potatoes, Fresh Carrots and Green Beans, Salad Bar	Fresh Broccoli, Salad Bar	
D DESSERT DISHES	Fruit Smoothie Day		Caramelised Apple Sponge and Custard **(1, 7, 9)** (May Contain 8)	Tutti Frutti Thursday	

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) • JELLY • FRESH FRUIT • CHEESE BISCUITS (1, 9) • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN	3 MOLLUSCS	5 PEANUTS	7 EGGS	9 MILK	11 MUSTARD	13 SESAME
2 CRUSTACEANS	4 FISH	6 NUTS	8 SOYBEANS	10 CELERY	12 LUPIN	14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE

FRESH UK BEEF · FRESH UK PORK · FREE RANGE EGGS · LOCAL FRUIT & VEG · WHOLEMEAL PASTA

Roseacre

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