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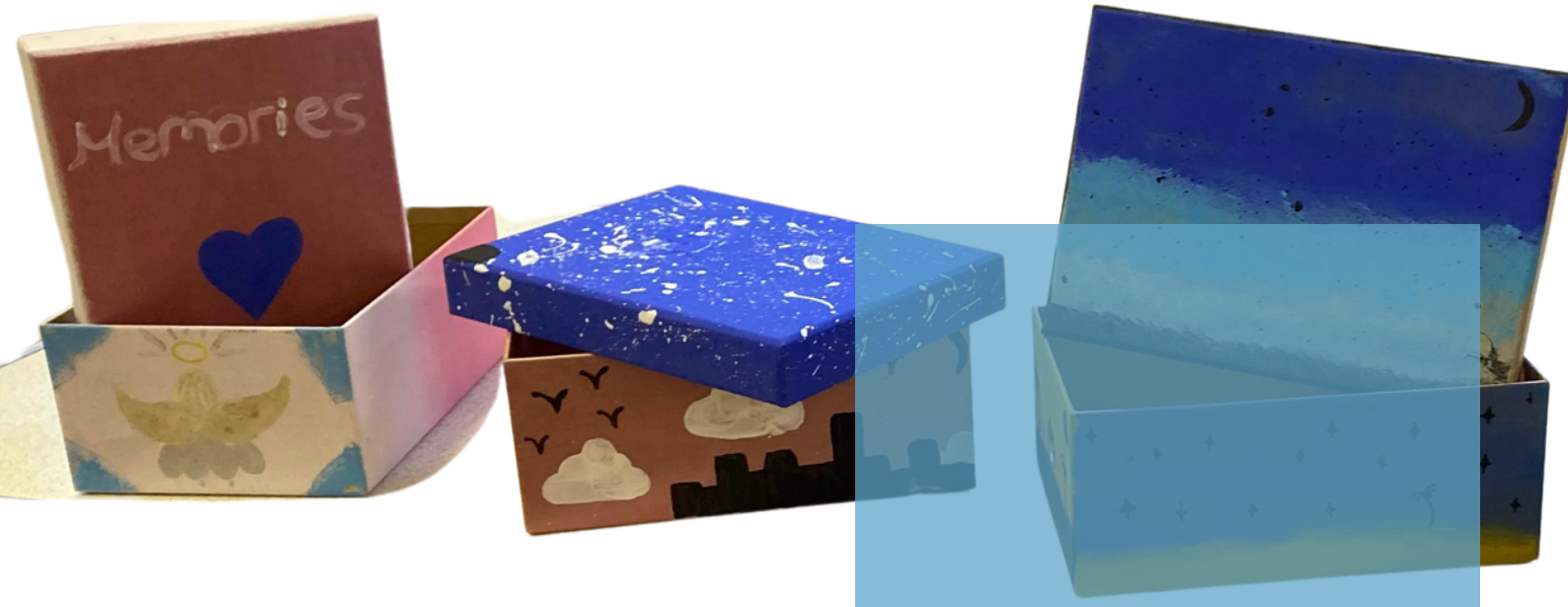
SBC NEWS

An update for Slide Away School Bereavement Contacts



Moving Forward

Over the past months, we have seen a large increase in demand for support for children and training for schools. This increase is not solely due to the effects of the pandemic but is also due to an increased awareness of our services and requests for support from other areas of Kent without bereavement support for children.

We have been able to meet the increase in demand by scheduling additional workshops to ensure that children can get timely support when they need it and as such our waiting time between referral and group support has not increased.

To help us adapt to this increase in demand long-term; to ensure our support provides the very best outcomes for our children; and, to meet Slide Away's vision for all children in Kent to have access to a bereavement support service following the death of a close relative or friend, we are making some minor alterations to the way we deliver our support. Most of these changes will take effect in the new academic year, some sooner, and we will be sure to keep you up-to- date. Thank you for your continued support.

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We hope you find our newsletter useful. If you would like regular news updates from Slide Away, please visit our website or follow us on social media.

@slideawaycharity
@slideawaycharity
@slideaway0
www.slideaway.org

Contact us:
denise.ross@slideaway.org 07970 597715

Useful resources for Schools

Resources for bereaved siblings

Sibling Support helps young people when their brother or sister dies. They have a wide range of free resources, designed by young people and professionals. From boxes filled with specific support materials (including free entry to National Trust properties, mindfulness tips and other resources) to interactive books for a variety of ages to be given to bereaved siblings. For more information visit www.siblingsupport.co.uk

sibling support

CHILDHOOD BEREAVEMENT NETWORK

I can... You can...Postcards

The Childhood Bereavement Network has created some innovative postcards to help bereaved children communicate the support they need to key figures in their lives.

The four postcard designs can be used by bereaved children and young people to alert their parent or carer, friend or teacher how they can help them through this difficult time, and to remind themselves of coping strategies.

Each postcard lists various ways to help, suggested by other young people who have been through similar experiences. The child can indicate which ideas they prefer or are particularly relevant.

For more information visit: https://www.ncb.org.uk/about-1/shop/bereavement-resources/i-can-you-can

Did you know?

1 in 29 children aged 5-16 have experienced the death of a parent or sibling – that's at least one in every classroom.

Childhood Bereavement Network, Childhood bereavement: what do we know in 2019.

Could you make a difference?

Contact: sue.crocker@slideaway.org 07912 380316

Would you like to be more involved with Slide Away and make a difference to grieving children in Kent?

Due to an increase in demand for our services, Slide Away is looking for extra staff at our support sessions.

These sessions will be on **occasional weekends** so provide school staff with the perfect opportunity to get involved with Slide Away and **earn some extra money** at the same time.

Full training will be given.

If you would like to find out more please contact our Operations Manager Sue Crocker, details above, for an informal chat.

Fundraising update

We would like to say a very big thank you to all the schools who fundraised for Slide Away in Terms 1 and 2.

From hosting Silly Socks days and Christmas Jumper days to holding RAG week or a retiring collection at your Christmas Concert, your efforts are very much appreciated and make a real difference to the support we can provide.

If you need support with your fundraising or would like to tell us about a fundraising event that you are planning for Slide Away, please get in touch. sue.crocker@slideaway.org

Summer Silly Socks

As the autumn terms can be quite hectic we been asked to set a summer Silly Socks date.

We have chosen week commencing 27th June as Silly Socks Week! Please let us know if you plan to take part!

Medway River Challenge

On Saturday 23rd April, Slide Away is holding a fundraising fun walk from Tonbridge to Yalding along the banks of the Medway (approx 9 miles. We would love it if some of our School Bereavement Contacts could join us. We also have a limited number of canoes to canoe the route if you would prefer! Visit our website for more details and to register https://bit.ly/3Keyb1y

How to send donations

We are often asked how to send fundraising donations to Slide Away. Our preferred way to receive fundraising donations is either via **bank transfer** Account Name: Slide Away Account Number: 62455919 Sort Code: 40-31-06 or via **PayPal Giving Fund** using this link. https://www.paypal.com/gb/fundraiser/charity/3205819

Both of these methods are **fee free** for Slide Away so we get your full donation. Alternatively, you can send cheques to our registered office (please see our website for address).

If you would prefer to offer parents a cash-handling free way of donating to Slide Away, why not set up a fundraising page for your school connected to Slide Away's Facebook page (fee free) www.facebook.com/fund/slideawaycharity/ or via connected to our Just Giving page https://www.justgiving.com/slideaway

National Day of Reflection

23rd March 2022

For the second year running, 23rd March 2002 has been designated as a national day of reflection to support and connect the millions of people who are grieving, and remember all of the family, friends, neighbours and colleagues we've lost during the pandemic.

There are lots of ways you can get involved including, shining a light, holding a minute silence, hosting a wall of reflection.

To find out more visit https://www.mariecurie.org.uk/get-involved/day-of-reflection